

welcare

strengthening families since 1894

February News 2020

Welcome to our 2020 Spring newsletter.

In this issue we focus on the work of our team of staff and volunteers in Bromley.

Our work in Bromley and south east London would not be possible without the help of [loyal friends, supporters](#) and volunteers and I know you will be inspired to learn more about the many ways they help our work. The [family story](#) this month shows the real difference our services made to one mother and daughter. I am enormously grateful to all the parents who bravely allow us to share their personal stories and help bring our work to life.

Lent begins on Wednesday 26th February and this year I hope even more of our supporters will host a [Lent lunch](#) for friends, neighbours or work colleagues – all the information you need to make your Lent lunch a success is on the website.

I would like to pay tribute to our dedicated staff and volunteers who work each week with parents and children in a wide range of complex and challenging circumstances. We have sadly had to say goodbye to our longstanding volunteer, Sue. We are very thankful for her hard work and dedication over 6 years. Find out about the [current volunteer vacancies](#) with Welcare.

Best wishes,



Anna Khan, Welcare CEO



Top Stories

Friends of Welcare



Our Friends' groups are networks of people who support the work of their local Welcare Centre. We are lucky to have two wonderful and very active groups in Greenwich and in Bromley. We asked a few of our friends to share their experiences. You can read more on our website. <https://welcare.org/news/friends-of-welcare>

Louise and Ada's story



5-year-old Ada's father had been violent and emotionally abusive towards Louise, and antagonism between the two was affecting Ada. Louise was struggling to cope with Ada's frustration, while working full time and dealing with an ongoing court case to prevent Ada's father taking his daughter overseas to his home country, where girls Ada's age are often subject to female genital mutilation. Louise tells us about her experience. To read more click on [Louise and Ada's story](#)

Welcare Challenge 2020



Please support us with organising [Lent Lunches](#), encouraging your church and school connections to sign up for [CapeAbility 2020](#) and sign up to be part of [London 10K 2020](#) #TeamWelcare. Get in touch with us for more details.

KEY DATES

Lent Lunches

Multiple locations
Between 26th February-9th April 2020
[More information](#)

Quiz Night

St. Thomas's, Woodland Terrace, London SE7 8EN
Saturday, 18th April 2020
[More information](#)

CapeAbility Campaign

Various schools and churches
Between 5th May- 19th June 2020
[More information](#)

Rock Choir Concert

Friday, 19th June 2020
[More information](#)

Fun on the Green

20th June 2020
Green Shoulder of Mutton Green, 210 Wickham St, Welling DA16 3NR
[More information](#)

Asics London 10K

Sunday, 5th July
[More information](#)

Auction

Saturday, 18th July 2020
31 Eaglesfield Rd, Greenwich
[More information](#)

Charity Preview

Thursday, 10th September
[More information](#)

Keep in touch

For more information, and to stay up to date with all our latest news, sign up to our newsletter at welcare.org/newsletter, or contact us on 020 7820 7910.



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