

# #CapeAbility



## Church fundraising



### What is Welcare?

Welcare is a charity that helps children up to the age of 13 and their families, in South London and East Surrey.



### Who do we help?

We help families who are having problems - these can include poverty, domestic abuse, addiction, health issues, and family breakdown.

### How do we help?

We respond to individual needs, by offering practical and emotional support in either one-to-one work, or group work programmes.

Welcare encourages families and young people to overcome challenges and to be the best they can be.

We want to enable everyone we help to be their own superhero and to:

#### THRIVE

recognise their own strengths in order to succeed and overcome challenges

#### CARE

be compassionate and kind, and process their emotions in helpful and healthy ways

#### INSPIRE

bring out the best in others, so that they can be heroes too!

**£10**

Pays for a crafting lesson for a MySpace group of 8-11 year olds

**And we need your help!**

**£50**

Helps train a volunteer to work with families

**£100**

Pays for a 1:1 family visit for a family in need

# What is #CapeAbility?

We believe everyone can be a superhero, and that everyone has the ability to Thrive, Care, and Inspire. CapeAbility encourages us to ask questions like...



## What do we need in order to Thrive?

- food & shelter
- love from friends & family
- fun & learning



## How can we be #caring to others?

- talking & listening
- sharing & helping
- being kind



## Who or what inspires me? How can I be #inspiring?

- friends, family
- teachers
- heroes & role models

## #CapeAbility Bible superheroes

### CONFIDENT

David was brave and confident although he did make some big mistakes later in his life he knew how to say sorry and correct his behaviour.

**David was an inspiration to those after him. Jesus inspires us to live his way of love. Welcare's vision is for children to learn confidence and inspire others.**

### CARING

Moses cared for the Israelites and led them out of slavery.

**Jesus told us to be shepherds to others. Welcare seeks to help children have the confidence to care for others.**

### INSPIRING

Jesus has inspired millions and has brought healing, peace, completeness and hope to thousands.

**God, as our shepherd helps us not only to survive, but to thrive. We can look to Him for strength in times of trouble. Welcare wants children to know their own needs and see that they are met in order to thrive.**

# How we can help

- providing resources & Junior lesson plans (see <https://welcare.org/getinvolved/fundraise/capeability/>)
- fundraising materials and ideas
- easy donations and gift aid

# How to boost your

## #CapeAbility campaign

- celebrate how much money you've raised with a weekly total
- encourage participants with #CapeAbility Awards
- use the hashtag #CapeAbility and tag @Welcareuk to share and inspire other churches!
- Return any unneeded Welcare merchandise at the end of your campaign

**For more information on how to get involved, visit [Welcare.org/CapeAbility](https://welcare.org/CapeAbility), or email [fundraising@welcare.org](mailto:fundraising@welcare.org)**