



2019

Autumn Programme

Autumn term: Monday 9 Sept - Friday 25 Oct

(No sessions Monday 28 October - Friday 1 November)

Redhill Children's Centre
A Sure Start Children's Centre

welcare
strengthening families since 1894

Autumn Programme 2019

Other events and services

welcare
strengthening families since 1894

Funded by
 Community
Foundation
for Surrey


SURREY

 INVESTING IN
VOLUNTEERS

UPCOMING EVENTS...

WORKING TOGETHER WITH YOU

A presentation about the work of Welcare for local professionals, churches and supporters.

Please contact us for details.

OTHER SERVICES WELCARE OFFERS...

- » Referral to specialist services
- » Family support
- » Advice & support from a worker (by appointment only)
- » Foodbags are available for those experiencing financial difficulty. Please ask for details.

Parents and carers are responsible for and must supervise their children at all times.

Contact Us...

Monday to Friday 9.30am-4pm

Welcare House,
24 Warwick Road
Redhill RH1 1BU

T 01737 780884

E redhill@welcare.org

Join us online

 welcare.org

 facebook.com/welcareuk

 @welcareuk



Accredited as
Baby Friendly by

unicef
UNITED KINGDOM

For more activities check out

The Red Oak, Merstham

t 01737 645908

w theredoak.org.uk

As a charity Welcare is always grateful for donations towards its work. Please visit welcare.org/donate

Welcare is a working name for Southwark Diocesan Welcare. Registered office: 19 Frederick Crescent, London, SW9 6XN. A registered charity in England & Wales (1107859) and a company limited by guarantee registered in England & Wales (5275749).

ALL SESSIONS AT WELCARE HOUSE, 24 WARWICK ROAD, REDHILL RH1 1BU UNLESS OTHERWISE STATED

 Yellow Rows = Baby Programme Sessions

Day	Activity	Time	Details	Cost*	Booking Required?
Monday	Mummy and Me	10:30 – 11:30am	A group supporting the emotional wellbeing of mums and babies	£1 suggested	✗
Monday	First Aid for Parents	1:00 – 2:30pm	23 Sep. Parents/carers and their non-mobile babies	£7.50 per adult	✓
Tuesday	Every Child A Talker	10:00 – 11:30am	6-week course starting 10 Sep. Play sessions focusing on communication and speech and language development. Ring 01737 780884 to check suitability	£6 suggested (for course)	✓
Wednesday	Child Health Drop-in	9:30 – 11:15am	4 Sep, 18 Sep, 2 Oct, 16 Oct, 30 Oct. 0–19 team available for advice & support	Free	✗
Wednesday	Let's Talk	1:00 – 2:30pm	A group to support children and parents who have English as an additional language. Call to express interest	£1 suggested	✓
Wednesday	Baby Café	10:00 – 12 noon	Breastfeeding support at the Harlequin Theatre, Upper Foyer, Redhill RH1 1NN	Free	✗
Thursday	Introducing Family Foods	1:00 – 2:30pm	3rd Oct. Workshop on 'How to wean your baby'	Free	✓
Thursday	One Step at a Time	10:00 – 11:30am	Play and communication group for under 5s with additional needs and/or disabilities	£1 suggested	✗
Thursday	Messy Play at Timperley Gardens	10:00 – 11:30am	Fun for under 5s & their parents/carers. At Timperley Gardens Scout Hut, Redhill RH1 2AU	£1 suggested	✗
Friday	Story and Rhyme Time	1:00 – 1:30pm	Songs and rhymes	Free	✗
Friday	Redhill Toy Library	1:30 – 3:00pm	Come and borrow toys at Welcare House	25p per toy	✗
TBC	Baby Massage	TBC	4-week course, contact us for times and dates. Book with a £5 deposit	£24 (for course)	✓