

welcare

strengthening families since 1894

Our Services

Richmond



***Working to prevent the children of
today from becoming the troubled
families of tomorrow***

Who Are Welcare?

Welcare is a registered charity that works to provide practical and emotional help and support to strengthen families who are experiencing difficulties. We recognise the value of good parenting and offer help, advice and support to achieve it.

We work with the whole family, providing non-judgemental and honest advice and guidance, helping to empower families to overcome the challenges they face.

Our Richmond service offers support for families with children up to 13 years old.

At Welcare we offer:

- Brief counselling and task-centred social work around practical and emotional issues
- Family work involving parents and children together
- Advice on benefits
- Advocacy with other agencies, e.g. housing, community resources, etc.
- Solutions Focused Brief therapy
- Practical and emotional help
- Outings and activities, when funds permit



‘Welcare understood us completely and always offered advice to make us feel optimistic about our future’

Molly, a single parent with 4 children

Services at our Richmond centre include:

- Individual and family sessions which build on family strengths and encourage independence
- Parenting advice to help encourage confident parenting and find long-term solutions
- Support to help develop children's' confidence and improve behavior
- Our social worker may act as a key contact with children's specialist services to help ensure cohesion in the support received
- Domestic abuse recovery—MySpace is an interactive 12-week course run in schools to enable children to confront and manage their experiences of witnessing domestic abuse

How to access our services:

We take self-referrals and families are encouraged to contact us directly using the details on this leaflet or through our website at welcare.org.

We assess each case as we receive it, and provide the necessary support or signpost to other relevant local services.

We also take referrals from schools, churches, children's specialist services, Health Visitors, GPs and other professionals. We work alongside the Early Help Assessment model, recognising and building on strengths of children, young people and families.

Our Services in Richmond
0208 893 9123

What concerns can we help with?

Isolation

Financial difficulties

Parenting problems

Issues with your child's behaviour

Depression & stress

Mental health issues

Relationship difficulties

The impact of domestic abuse

Low self-esteem or loss of confidence

We aim to provide a positive, confidential and helpful service. Welcare is committed to a policy of equal opportunity which respects the identity, rights and values of individuals and promotes the welfare of families. We welcome any comments you wish to make on our service.

'You have helped us in so many ways
and you would never know how
overcome I am with your support'

Amir, a parent helped by Welcare

'Thanks for all you have done ...for
everything'

Claire, aged 10

Being a parent can be tough -
would you and your family
like some support?

Welcare can help.

Families can be faced with all kinds of challenges and sometimes you may feel like you are struggling to cope.



We can support you and your family, helping you to build positive parenting skills and be a more confident parent.

We work with parents and children, and in partnership with other agencies, to improve the quality of family and school life.

To find out more about any of our services simply call:

0208 893 9123



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Welcare in Richmond

Contact us for more information about our services

Email: richmond@welcare.org

Call: 0208 893 9123

Website: www.welcare.org

Parkway House, Sheen Lane, East
Sheen, London, SW14 8LS

Tuesday - Thursday

Welcare is a Christian charity which works with children and families in need irrespective of faith, culture, abilities or life choices. We seek to provide services in response to local needs which encourage self-help and build communities.

Southwark Diocesan Welcare is a Charity registered in England & Wales

Registered Charity Number: 1107859

Company Number: 5275749

Registered Office: 19 Frederick Crescent,
London, SW9 6XN

President: The Bishop of Southwark

Chair or Trustees: David Atterbury Thomas

Chief Executive: Anna Khan