

welcare

strengthening families since 1894

Our Services Bromley



***Working to prevent the children
of today from becoming the
troubled families of tomorrow***

Who Are Welcare?

Welcare is a registered charity that works to provide practical and emotional help and support to strengthen families who are experiencing difficulties. We recognise the value of good parenting and offer help and advice to achieve this.

Our family support staff work with the whole family, providing non-judgemental and honest advice and guidance, helping to empower families to overcome the challenges they face.

Our Bromley centre offers support for families with a child aged 5 to 13 years old.

At Welcare we offer:

- Help with parenting and coping with a child's behavior
- Support for children struggling with behavior issues or transition to secondary school
- General Advice and Advocacy
- Family support work
- Group work for parents and children who have experienced domestic abuse or struggle with emotional and behavioural difficulties
- Practical and emotional help
- Volunteer mentors for parents and children to help build confidence



‘Welcare understood us completely and always offered advice to make us feel optimistic about our future’

Molly, a single parent with 4 children

Services at our Bromley Centre include:

- Individual and family sessions which build on family strengths and encourage independence
- Direct in-home family work
- Group work for both parents and children
- Volunteer family helpers who support parents in the home
- Volunteer mentor programmes for children
- Practical support, such as donations of children’s clothing, furniture and emergency food

How to access our services:

Families are encouraged to contact us for advice and help using the contact details in this leaflet and we take self-referrals. We will assess each case as we receive it, and let you know whether we can help or refer you onto someone better suited to your needs.

We take referrals from churches, schools, social services, Health Visitors, GPs and other professionals. We will usually require professional referrals to be submitted via a Common Assessment Framework.



Our Services in Bromley 020 8466 0399

We aim to provide a positive, confidential and helpful service. Welcare in Bromley is committed to a policy of equal opportunity which respects the identity, rights and values of individuals and promotes the welfare of families. We welcome any comments you wish to make on our service.

We can help with parenting skills, support children to adapt to traumatic events in the home environment (including witnessing domestic abuse), group work for both children and parents, mentoring, family days, community engagement and signposting.

Our experienced staff team is dedicated to strengthening families so that they can give children the best possible start in life. We believe in working within communities and responding to local needs.

‘You have helped us in so many ways and you would never know how overcome I am with your support’

Amir, a parent helped by Welcare

‘Thanks for all you have done ...for everything’

Claire, aged 10

Being a parent can be tough - would you and your family like some support?

Welcare can help.

We work with parents and children, in partnership with other agencies, to improve the quality of family and school life.



At our Bromley Centre we have a small and dedicated team of family support workers, volunteers and administrative support who will treat your family as individuals.

To find out more about any of our services simply call:



020 8466
0399

Welcare in Bromley

For further information about our services or to support your local centre please contact us:

bromley@welcare.org

020 8466 0399

www.welcare.org

St Barnabas Church
Rushet Road Orpington
Kent BR5 2PU

Welcare is a registered charity which works with children and families in need irrespective of faith, culture, abilities or life choices. We seek to provide services in response to local needs which encourage self-help and build communities.

Southwark Diocesan Welcare is a Charity registered in England & Wales

Registered Charity Number: 1107859

Company Number: 5275749

Registered Office: 19 Frederick Crescent,
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President: The Bishop of Southwark

Chair of Trustees: David Atterbury

Thomas

Chief Executive: Anna Khan